

Longview High School's "Casa de Lobo" Menu 2016-2017

This menu is set up as a "Grab & Go" station with a weekly rotating menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly	Beef, Bean, and Cheese Burrito w/ Rotel Sauce Charro Beans Spanish Brown Rice Shredded Lettuce Tomato Pico Taco Sauce Red Apples Banana Milk	Chicken Fajita Refried Beans Spanish Brown Rice Shredded Lettuce Diced Tomato Shredded Cheese Taco Sauce Cantaloupe Honey Dew Melon Milk	Chicken Enchilada w/ Rotel Sauce Steamed Corn Charro Beans Spanish Brown Rice Salsa Strawberries Milk	Chicken Quesadilla Spanish Brown Rice Refried Beans Shredded lettuce Tomato Pico Salsa Sour Cream Guacamole Green Apples Red Grapes Milk	Beef Rotel Dip Scoops Spanish Brown Rice Refried Beans Shredded Lettuce Tomato Pico Guacamole Salsa Pineapple Orange Milk