





Longview Independent School District

Middle School Lunch Menus 2017-2018

*Dates listed are the beginning of each week	Italian Monday	Mexican Tuesday	Homestyle Wednesday	Bun Day Thursday	Snack Bar Friday
Week 1 10/23/17 11/20 12/18 1/15 2/12 3/12 4/9 5/7	Pepperoni Pizza Italian Spaghetti Steamed Carrots Peas Side Salad Fruit Milk 	Soft Taco (beef or chicken) Street Tacos (Pulled Chicken and Pulled Pork) Charro Beans Brown Spanish Rice Shredded Romaine Diced Tomatoes Shredded Cheddar Cheese Taco Sauce Fruit Milk	Cheeseburger Meatloaf Breaded Chicken Legs Chili Beans Collard Greens Roasted Sweet Potatoes Baby Carrots Cornbread Fruit Milk	Chicken Fried Steak Sandwich Meatball Sub Broccoli and Cheese Potato Wedges Lettuce/Tomato Fruit Milk	Crispito Breaded Mozzarella Sticks Marinara Sauce Onion Rings Celery Sticks/Ranch Salsa Cup Rotel Sauce Fruit Milk
Week 2 10/30 11/27 1/22 2/19 3/19 4/16 5/14	Chicken Alfredo 4 Meat Pizza Steamed Broccoli Glazed Carrots Cucumber Salad Side Salad Garlic Toast Ranch Dressing Fruit Milk	Crispy Beef Tacos Enchiladas (Chicken or Beef) Spanish Brown Rice Charro Beans Shredded Romaine Diced Tomatoes Shredded Cheddar Cheese Taco Sauce Fruit Milk	Orange Chicken Steak Fingers California Blend Asian Brown Rice Pilaf Broccoli Salad Chicken Egg Roll Fruit Milk	Hamburgers Chicken Sandwich (Regular or Spicy) Potato Wedges Shredded Romaine Sliced Tomatoes Sliced Cheese Broccoli Florets Mayo/Mustard/Ketchup	Chili Cheese Curly Fries Chicken Strips (Regular or Spicy) Curly Fries Baked Beans Celery Sticks/ Ranch Fruit Milk
Week 3 11/6 12/4 1/29 2/26 3/26 4/23 5/21	Chicken Spaghetti Lasagna Roll w/ Meat Sauce Corn Green Beans Side Salad Roll Fruit Milk Ranch Dressing	Taco Salad Burrito w/ Rotel Sauce Charro Beans Brown Spanish Rice Shredded Romaine Tomato Pico Sour Cream Salsa Cup Fruit Milk	Chicken Rings Green Beans Mashed Potatoes Corn Roll Shredded cheese Fruit Milk  (can be offered as Mashed Potato Bowl)	Sub Sandwich (Turkey Ham or Turkey) Grilled Chicken Sandwich Shredded Romaine Sliced Tomatoes Steamed Carrots Cheese-its Fruit Milk 	Wings Corn Dogs Baked Beans Coleslaw Mac and Cheese Fruit Milk Ketchup/Mustard/Ranch
Week 4 11/13 12/11 1/8 2/5 3/8 4/2 4/30 5/28	Italian Chicken Breast Beef Stroganoff California Veggies Green beans Broccoli Salad Fruit Milk	Tornadoes Chicken Fajitas Charro Beans Spanish Brown Rice Sautéed Green Bell Pepper and Onion Shredded Cheese Salsa Cup Sour Cream Fruit Milk	Loaded Baked Potatoes (Baked Potatoes with diced chicken, shredded cheddar cheese, and sour cream,) Steamed Broccoli Baby Carrots/ Ranch Fruit Milk	Hot Dog (Managers Choice) Chopped Beef Sandwich Baked Beans Curly Fries Coleslaw Fruit Milk	Rotel Dip (Managers Choice) Tortilla Chips Charro Beans Spanish Brown Rice Celery Sticks/Ranch Fruit Milk 

Meals are subject to change.

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Bundle Packages (Available Monday, Wednesday, and Friday. Each meal served on a particular day. Refer to the chart below).

Monday	Chef Salad
Wednesday	Cesar Salad
Friday	Grilled Chicken Salad