

Longview High School “Leaf & Ladle” 2018-2019

This menu is set up as a “Grab & Go” with a weekly rotating menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly	Chef Salad (chopped romaine, ham, turkey, boiled eggs, tomatoes, cucumbers, and shredded cheese, crackers) Ranch Dressing Chicken Gumbo Crackers Fruit Milk	Turkey Ham Hoagie Tortilla Chips Carrots Broccoli Salad Fruit Milk	Chicken Taco Salad Served w/ Salsa Cup Spanish Brown Rice Beef Taco Soup Fruit Milk	Turkey Ham Deli Sandwich Tortilla Chips Carrots Broccoli Salad Fruit Milk	Chicken Taco Salad Served w/ Salsa Cup Spanish Brown Rice Beef Taco Soup Fruit Milk

Meals are subject to change.

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