## Longview Independent School District Lead School Menus 2018-2019

*Dates listed are the beginning of each week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1  08/27  09/10  09/24  10/8  10/22  11/5  11/26  12/10  1/07  1/21  2/4  2/18  3/4  3/25  4/8  4/22  5/6  5/20	Orange Chicken Asian Rice Pilaf California Blend Carrots/ Ranch Dressing Chicken Egg Roll Roll Fruit Milk	Crunchy Tacos Taco Salad Spanish Brown Rice Charro Beans Corn Shredded Romaine Diced Tomatoes Shredded Cheese Taco Sauce Fruit Milk	Chicken Fried Steak w/ Gravy Breaded Drumsticks Chili Beans Turnip Greens Roasted Sweet Potatoes Roll Fruit Milk	Chicken Sandwich Hot Dogs Onion Rings Baked Beans Shredded Romaine Sliced Tomatoes Ketchup/Mayo/Mustard Fruit Milk	Chicken Spaghetti Corn Green Beans Side Salad/Ranch Dressing Texas Toast Fruit Milk
Week 2  9/3  9/17  10/1  10/15  10/29  11/12  12/3  12/17  1/14  1/28  2/11  2/25  3/18  4/1  4/15  4/29  5/13  5/27	Wings Pepperoni Pizza Peas and Carrots Broccoli and Cheese Side Salad Ranch Fruit Milk	Beef Rotel Dip and Chips Fiesta Fries Spanish Brown Rice Refried Beans Salsa Cup Guacamole Cup Fruit Milk	Chicken Rings Mashed Potatoes w/Gravy Green Beans Carrots/ Ranch Dressing Roll Fruit Milk	Cheeseburgers Wedges Baked Beans Shredded Lettuce Sliced Tomatoes Mayo, Mustard, Ketchup Fruit Milk	Italian Spaghetti w/roll Steamed Broccoli Corn Side Salad/Dressing Fruit Milk

Meals are subject to change.

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## <u>High School Menu Everyday Monday – Friday</u>

Sub Sandwich – Bread, Turkey Ham, Cheese, Lettuce, Tomato, Fruit and Vegetable Offering

WW Wrap – Tortilla, Turkey Ham, Cheese, Lettuce, Ranch Dressing, Bacon Bits, Baked, Chips, Fruit and Vegetable Offering

Chef Salad – Lettuce, Chicken, Cheese, Egg, Tomato, Cucumber, Crackers, Ranch Dressing, Fruit and Vegetable Offering

Mexican Chicken Salad – Fajita Chicken, Lettuce, Cheese, Salsa, Nacho Chips, Fruit and Vegetable Offering

Spicy Chicken Sandwich – WW Bun, Spicy Chicken, Fruit and Vegetable Offering