

# Longview High School's "Casa de Lobo" Menu 2017-2018

This menu is set up as a "Grab & Go" station with a weekly rotating menu.

*Dates listed are the beginning of each week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 10/9 10/23 11/6 11/20 12/4 12/18 1/15 1/29 2/12 2/26 3/12 3/26 4/9 4/23 5/7 5/21	<b>Beef, Bean, and Cheese Burrito w/ Chili and Cheese Charro Beans</b> <b>Spanish Brown Rice</b> <b>Tomato Pico</b> <b>Taco Sauce</b> <b>Fruit</b> <b>Milk</b>	<b>Crispy Tacos</b> <b>Refried Beans</b> <b>Spanish Brown Rice</b> <b>Shredded Lettuce</b> <b>Diced Tomato</b> <b>Shredded Cheese</b> <b>Taco Sauce</b> <b>Fruit</b> <b>Milk</b>	<b>Chicken Enchilada w/ Rotel Sauce</b> <b>Steamed Corn</b> <b>Charro Beans</b> <b>Spanish Brown Rice</b> <b>Salsa</b> <b>Fruit</b> <b>Milk</b>	<b>Chicken Quesadilla</b> <b>Spanish Brown Rice</b> <b>Refried Beans</b> <b>Shredded lettuce</b> <b>Tomato Pico</b> <b>Salsa</b> <b>Sour Cream</b> <b>Guacamole</b> <b>Fruit</b>  <b>Milk</b>	<b>Beef Rotel Dip and Chips</b> <b>Spanish Brown Rice</b> <b>Refried Beans</b> <b>Shredded Lettuce</b> <b>Tomato Pico</b> <b>Guacamole</b> <b>Salsa</b> <b>Fruit</b> <b>Milk</b>
<b>Week 2</b> 10/2/17 10/16 10/30 11/13 11/27 12/11 1/22 2/5 3/19 4/2 4/16 4/30 5/14 5/28	<b>Crispito</b> <b>Tornado</b> <b>Spanish Brown Rice</b> <b>Refried Beans</b> <b>Shredded</b> <b>Romaine</b> <b>Tomato Pico</b> <b>Guacamole Cup</b> <b>Sour Cream</b> <b>Salsa Cup</b> <b>Fruit</b> <b>Milk</b>	<b>Street Tacos (Pulled Chicken and Pulled Pork)</b> <b>Spanish Brown Rice</b> <b>Charro Beans</b> <b>Tomato Pico</b> <b>Salsa Cup</b> <b>Taco Sauce</b> <b>Fruit</b> <b>Milk</b>	<b>Fiesta Potatoes (Curly fries topped in a white queso dip)</b> <b>Spanish Brown Rice</b> <b>Refried Beans</b> <b>Shredded</b> <b>Romaine</b> <b>Tomato Pico</b> <b>Sour Cream</b> <b>Taco Sauce</b> <b>Fruit</b> <b>Milk</b>	<b>Burrito Bowl ( Bowl with chicken, cilantro lime rice, beans, corn)</b> <b>Tomato Pico</b> <b>Tortilla Chips</b> <b>Salsa Cup</b> <b>Fruit</b> <b>Milk</b>	<b>Chicken Rotel Dip and Chips</b> <b>Spanish Brown Riced</b> <b>Refried Beans</b> <b>Shredded</b> <b>Romaine</b> <b>Tomato Pico</b> <b>Guacamole</b> <b>Salsa Cup</b> <b>Fruit</b> <b>Milk</b>

Meals are subject to change.

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